



HYGIENE APPOINTMENT BREAKDOWN

This information serves as a guide for time management. Procedure lengths can vary depending on many factors. They can be shorter or longer than what is described here. Each appointment is adjusted in an hour time frame.

ADULT PROPHY	Total time	60 minutes
<ul style="list-style-type: none"> • Seating patient, blood pressure, update medical history • Radiographs, Periodontal evaluation, and patient education • Oral hygiene instructions • Scale, polish, Laser bacterial reduction, fluoride treatment • Doctor exam • Patient hand off and clean up 		5 minutes 10 minutes 5 minutes 20 minutes 10 minutes 10 minutes
INITIAL THERAPY (Prior to Scaling and Root Planing)	Total time	60 minutes
<ul style="list-style-type: none"> • Seating patient, blood pressure, update medical history • Periodontal evaluation and patient education • Oral hygiene instructions • Supragingival scaling, cosmetic polish, Laser bacterial reduction • Doctor exam • Patient hand off and clean up 		5 minutes 10 minutes 5 minutes 20 minutes 10 minutes 10 minutes
SCALING AND ROOT PLANING (1 Quadrant)	Total time	60 minutes
<ul style="list-style-type: none"> • Seating patient, blood pressure, update medical history • Anesthetic, review oral hygiene instructions • Ultrasonic / hand periodontal scaling, irrigation, placement of chemotherapeutic agents of choice in pockets Laser degranulation • Patient hand off and clean up 		5 minutes 15 minutes 30 minutes 10 minutes

6 WEEK PERIODONTAL EVALUATION

Total time 60 minutes

- Seating patient, blood pressure, update medical history 5 minutes
- Periodontal evaluation and patient education 10 minutes
- Review oral hygiene instructions 5 minutes
- Light scaling, subgingival plaque removal, polish
Possible isolated root planing, irrigation, placement
of chemotherapeutics of choice, laser bacterial
reduction 20 minutes
- Doctor exam 10 minutes
- Patient hand off and clean up 10 minutes

PERIODONTAL MAINTENANCE

Total time 6 minutes

- Seating patient, blood pressure, update medical history 5 minutes
- Radiographs, periodontal evaluation, and patient education 10 minutes
- Review oral hygiene instructions 5 minutes
- Periodontal scaling, subgingival plaque removal, polish
irrigation, placement of chemotherapeutics of choice, laser bacterial
reduction, fluoride treatment 20 minutes
- Doctor exam 10 minutes
- Patient hand off and clean up 10 minutes

GROSS DEBRIDEMENT (Full Mouth)

Total time 50-60 minutes

- Seating patient, blood pressure, update medical history 5 minutes
- Explanation of gross debridement and oral hygiene
Instructions 10 minutes
- Ultrasonic full mouth debridement 30 minutes
- Patient hand off and clean up 10 minutes

CHILD PROPHY

Total time 30 minutes

- Seat patient, medical history update, radiographs
- Disclose, oral hygiene evaluation and instructions,
probe permanent teeth 5 minutes
- Scale, polish, fluoride treatment 10 minutes
- Doctor exam 5 minutes
- Patient hand off and clean up 10 minutes

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